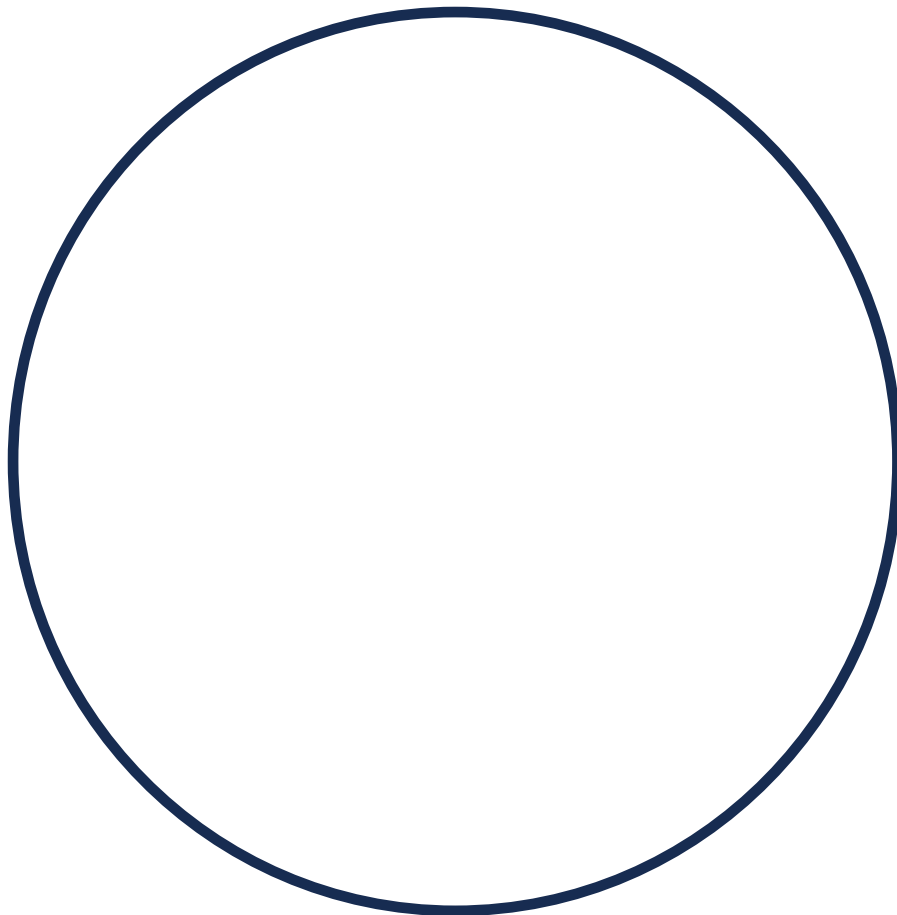


Circle of Control

Step 1. Brainstorm any factors that can influence the outcome of your performance

Step 2. Outside the Circle: Write down what is NOT in your control.

Step 3. Inside the Circle: Write down what IS in your control.



Goal: As much as possible, focus on what is in your control.